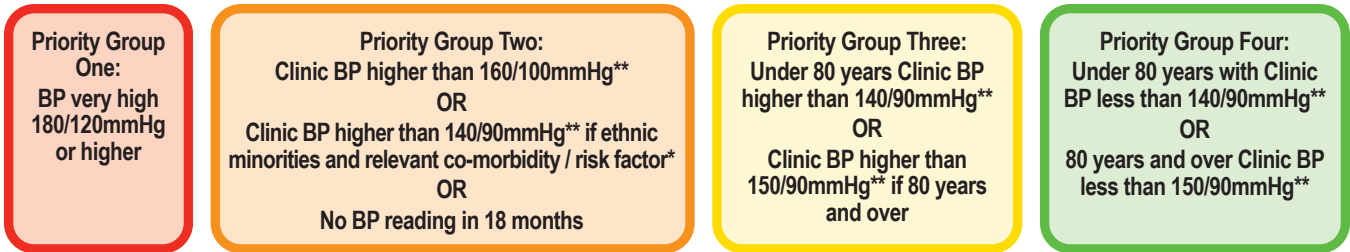


BP@Home Clinical Pathway

Identification of target patient populations

Practices should identify the following **target patient populations** via a 'search' on their GP systems:



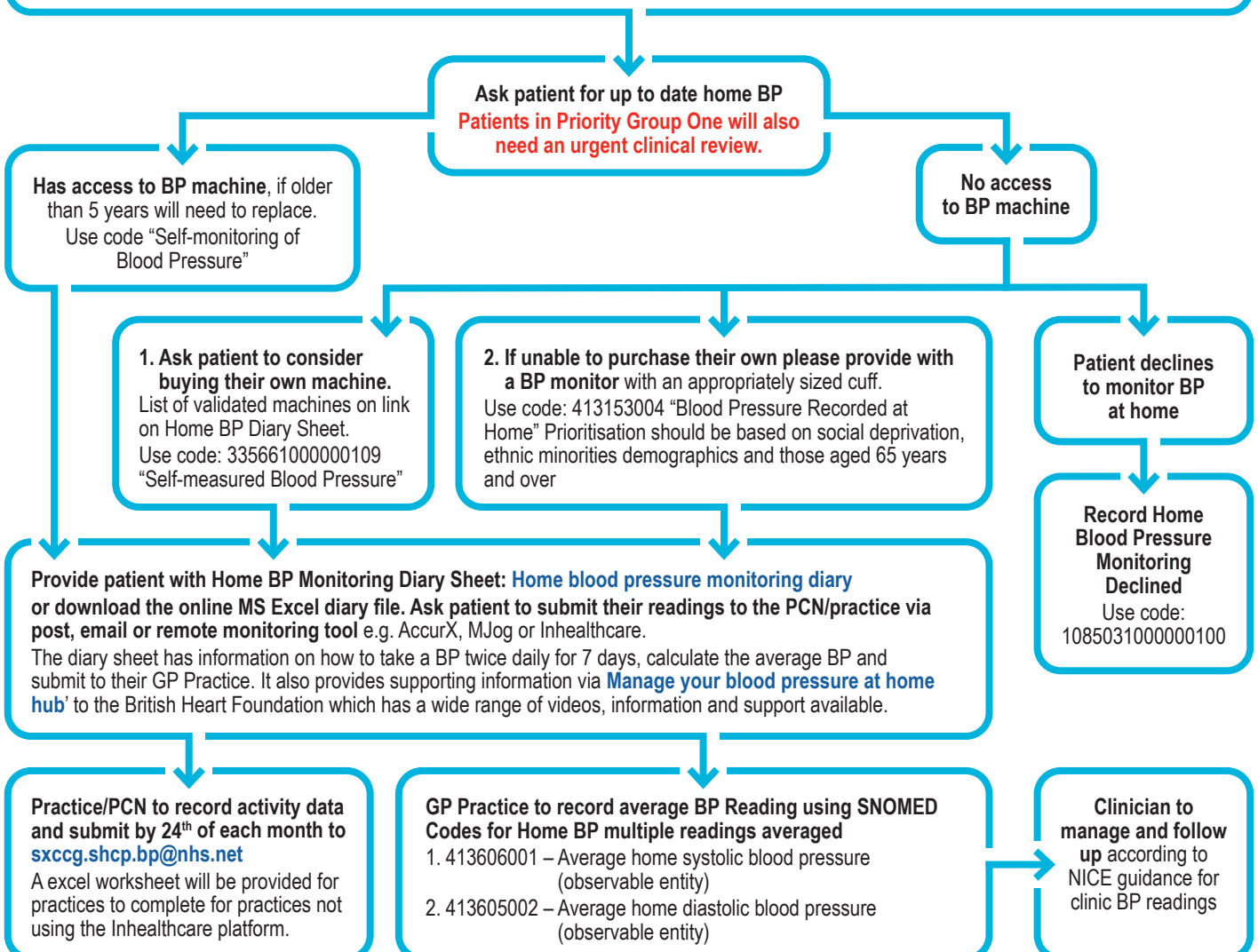
Note NICE guidance: Because automated BP devices may not measure blood pressure accurately if there is pulse irregularity (for example, due to atrial fibrillation), **Check / palpate radial or brachial pulse before measuring blood pressure. If pulse irregularity is present, measure blood pressure manually.**

Co-morbidities / risk factor*:

- Established CVD (prior stroke/TIA, heart disease, peripheral arterial disease)
- Diabetes ***
- CKD 3 or more
- Obesity with BMI > 35

Clinic vs Home BP readings**

Clinic BP reading	Equivalent Home BP reading
BP = 180/120mmHg	BP = 170/115mmHg
BP = 160/100mmHg	BP = 150/95mmHg
BP = 150/90mmHg	BP = 145/85mmHg
BP = 140/90mmHg	BP = 135/85mmHg



*** Diabetes – additional monitors are available through the diabetes and hypertension project. Email: sxccg.sussex_rt@nhs.net